



## History of Swiss national records – Depth Disciplines – Lake/Freshwater (according to current knowledge).

CONSTANT WEIGHT (CWT)			
CMAS		AIDA	
Women	Men	Women	Men
	Martino Valsangiacomo <b>-80 m</b> 04.04.2022 Riva del Garda (ITA)	Vera Burkard <b>-45 m</b> 25.08.2018 Herrliberg (SUI) Swiss Championship Lake 2018	Daniel Schönenberg <b>-70 m</b> 20.08.2022 Herrliberg (SUI) AIDA Swiss Freediving Championship Depth
		Andrea Egger <b>-41 m</b> 25.07.2009 Swiss Depth Championship 2009	Christian Langer <b>-70 m</b> 20.08.2022 Herrliberg (SUI) AIDA Swiss Freediving Championship Depth
			Daniel Schönenberg <b>-67 m</b> 30.07.2022 Bodensee AIDA NR Record Attempt
			Peter Colat <b>-66 m</b> 24.08.2013 Herrliberg (SUI) Swiss Championship Lake
			Peter Colat <b>-65 m</b> 21.08.2010 Swiss Depth Championship
			Peter Colat <b>-57 m</b> 08.09.2007 Swiss Championship