



History of Swiss national records – Depth Disciplines – Lake/Freshwater (according to current knowledge).

CONSTANT WEIGHT BI-FINS (CWTB)			
CMAS		AIDA	
Women	Men	Women	Men
	Martino Valsangiacomo -70 m 03.04.2022 Riva del Garda (ITA) Campionati Italiani di Apnea Outdoor	Isabelle Cid -41 m 16.09.2023 Herrliberg (SUI) AIDA Swiss Freediving Championship 2023 - Depth Competition	Christian Langer -71 m 16.09.2023 Herrliberg (SUI) AIDA Swiss Freediving Championship 2023 - Depth Competition
		Simone Fuhrmann -34 m 20.08.2022 Herrliberg (SUI) AIDA Swiss Freediving Championship Depth	Christian Langer -62 m 14.08.2021 Herrliberg (SUI) AIDA Swiss Depth Championship
		Beatrice Wollenmann -25 m 14.08.2021 Herrliberg (SUI) AIDA Swiss Depth Championship 2021	Christian Langer -60 m 24.08.2019 Herrliberg (SUI) AIDA Swiss Depth Championship